FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar Sinha V	2. Issuer Name and Ticker or Trading Symbol Allovir, Inc. [ALVR]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) I birector 10% Owner 10									
(Last) (First) (Middle) C/O ALLOVIR, INC.				3. Date of Earliest Transaction (Month/Day/Year) 07/19/2024									Officer (give title Other (specify below) See Remarks						
P.O. BOX 44, 1661 MASSACHUSETTS AVE.						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) LEXINGTON MA 02420				0										Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)				Rule 10b5-1(c) Transaction Indication															
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
· · · · · · · · · D				2. Transaction Date (Month/Day/Ye	ar) E	2A. Deemed Execution Date, if any (Month/Day/Year)		Tr	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
								C	ode	v .	Amount	(A) or (D)	Price	Transac (Instr. 3	tion(s)	(instr.	4)	(Instr. 4)	
Common Stock				07/19/2024				S	g ⁽¹⁾		1,542	D	\$0.7501	2) 1,16	1,163,852		D		
Common Stock				07/22/2024				S	S ⁽¹⁾		1,858	D	\$0.7392	1,16	1,161,994		D		
Common Stock														16,67	74,766			Shares held by ElevateBio LLC ⁽⁴⁾	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	e of 2. 3. Transaction ative Conversion Date Execution Date, if any			4. Trans	ransaction of ode (Instr. Derivation		mber ative rities ired osed	6. I		ercisable and	Amount of Securities Underlying Derivative Security (Ins 3 and 4)		8. Price of Derivative Security (Instr. 5) 8. Numb derivative Securitie Benefici Owned Followin Reporte Transac (Instr. 4)		ove es Form: Direct (D or Indirect (I) (Instr. d tion(s)		Beneficial Ownership ct (Instr. 4)		
			Code	v	(A)	(D)	Date D) Exerci		Expiratio e Date	n Title	or Number of								

Explanation of Responses:

- 1. Represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. These sales were automatic and not in the discretion of the Reporting Person.
- 2. The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from \$0.7343 to \$0.7925. Full information regarding the number of shares sold at each separate price can be furnished to the SEC staff upon request.
- 3. The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from \$0.7330 to \$0.7534. Full information regarding the number of shares sold at each separate price can be furnished to the SEC staff upon request.
- 4. Shares held by ElevateBio. The Reporting Person is a director and Chief Financial Officer of ElevateBio, and may be deemed to have shared voting and investment power of the shares held by ElevateBio. The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these shares in this report shall not be deemed an admission of beneficial ownership of all of the reported shares for purposes of Section 16 or for any other purpose

Remarks:

Officer Title: President and Chief Financial Officer

/s/ Brett Hagen, as Attorneyin-Fact

07/23/2024

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.